

# Longfellow Middle School

## After-School Activity Descriptions

### **-Homework Club (Every Day Both Blocks)**

Provides a calm and engaging environment where students can do homework, study, and get assistance with homework. This club is ideal for those seeking to work on assignments with friends and for those having difficulty completing assignments. Computers and textbooks are available for use on schoolwork only.

### **-Science Olympiad (Everyday Block 1 & 2)**

**Requirements: Parent Meeting 09/07/22 6PM Longfellow Library**

The qualifying test will occur Tuesday, September 13. See Ms. Boomer in room 159 for additional information

**Sponsor : Mrs. Boomer [SEBoomer@fcps.edu](mailto:SEBoomer@fcps.edu)**

This club is for young scientists with a love for exploration. Join this club as they compete throughout the year and bring science to life every week. Students compete in local and state competitions. A test is required to join and will take place at the beginning of the school year.

### **-Debate Club**

This club is designed to foster debate participation in class and in competition. Students who debate in class may use any number of debate formats to facilitate research, discussion, and deliberation on important issues and events as well as topics derived from the curriculum. Students who debate in competition use a unique debate format designed for middle school students. Debate requires try outs and students will participate in competitions against other schools.

### **-Math Counts (Requirements more information to follow)**

This club is for students who love math. Students practice their math skills on tests and the top scoring individuals will compete against other schools on several levels.

### **-Science Bowl (Wednesdays Block 1)**

**Sponsor: Mr. Bradford [JSBradford@fcps.edu](mailto:JSBradford@fcps.edu)**

**Requirement : Testing**

Students review and practice answering math and science questions in a high speed "quiz bowl" format. Students will form a team of 5 to participate in the Regional Science Bowl Competition with the possibility of advancing to the National Finals.

### **-Lancer Athletics**

Students can participate in basketball games and activities. Other sports may also be played depending on student interest.

Flag Football / (Wednesday Block 1 and 2)

**Basketball / (Monday, Wednesday, and Thursday Blocks 1 and 2)**

**Soccer / (Tuesday Blocks 1 and 2 )**

**Volleyball / (Tuesday Blocks 1 and 2)**

**Archery (Monday and Wednesdays Blocks 1 and 2) (Requirement):** Must be currently enrolled in archery during PE or have already complete the archery unit during PE.

### **-Quiz Bowl ( Monday and Tuesday Block 1)**

**Sponsor: Mr. Huang [EHuang1@fcps.edu](mailto:EHuang1@fcps.edu)**

Quiz Bowl is an quick-answering team academic competition covering a wide range of subjects including history, literature, science, art, architecture, religion, mythology, and popular culture. The club learns the information and prepares for local and national tournaments. In May 2022, Longfellow won its first NAQT Middle School National Championship (MSNCT) in Chicago, IL.

**-Tennis ( Mondays Block 1)**

**Sponsor: Mr. Walker [bmwalker@fcps.edu](mailto:bmwalker@fcps.edu)**

Students learn fundamental skills and the rules of Tennis from a high school level Tennis coach. Students will compete against other Longfellow students.

**-Art/Clay Club ( Mondays Block 1)**

**Sponsor : Mrs. Gibson [dgibson1@fcps.edu](mailto:dgibson1@fcps.edu)**

Students will do a variety of art projects and create clay sculptures with an art teacher.

**-Battle of the Books (Every Other Thursday Block 1)**

**Sponsors: Mrs. Saladino and Mrs. Hoyle**

**<https://youtu.be/WmdQCopGsUQ>**

**[MBSaladino@fcps.edu](mailto:MBSaladino@fcps.edu) , [lmhoyle@fcps.edu](mailto:lmhoyle@fcps.edu)**

Battle of the Books is a club designed for students who love to read and love Jeopardy. Students will read 15 books over the course of the year, write quiz questions about the books they read, and compete in teams in a “quiz bowl” style school tournament. In the spring, the top battlers will represent Longfellow Middle School in a tournament against other FCPS middle schools. Practices will be held 2 times a month, and students will be expected to read between practices. Longfellow Middle School is the reigning champion of the FCPS based Battle of the Books.

**-Creative Writing Club (Thursdays Block 1 )**

**Sponsor: Mrs. Duggan [ALDuggan@fcps.edu](mailto:ALDuggan@fcps.edu)**

Creative Club is a relaxing place to flex your writing skills and share with like-minded students. We typically come up with prompts, write for about ½ and hour and then share the result. Discussing writing hurdles and working out plot points is also encouraged.

**-Longfellow Rangers (Wednesdays Block 1 )**

**Sponsor: Kate Carey [k8ycarey@mac.com](mailto:k8ycarey@mac.com)**

**<https://youtu.be/WKJvQE8FEYQ>**

This club is for the environmental and nature lover. Students will learn about local plants and animals and explore nature around Longfellow Middle School.

**-ELL Tutoring English Language Learners ( Mondays, Tuesdays, Thursday Block 1)**

**Sponsor: Mrs. Hashem [rrhashem@fcps.edu](mailto:rrhashem@fcps.edu)**

Hello English Language learner levels 1-4!

There will be after school ELL help on Monday, Tuesday, Wednesday and Thursday first block!  
Room 101 and 107

**One day** will be for Write Brain, a really cool program called Write Brain Books where you write your own children's book. You will initially work in pairs to develop and write their book as co-authors and then each one of you writes his/her story individually with a hardbound and softbound version made available. That is so amazing.

- You will improve your writing
- Be creative
- Have fun
- No grading
- Enjoy the company of your classmates
- You come once a week- first block. **It will be on Thursday**

**The other days: Monday-Tuesday-Wednesday** will be to help you with your English and homework

### **-Fishing Club ( Mondays Block 2)**

**Sponsor: Mr. Walker [bmwalker@fcps.edu](mailto:bmwalker@fcps.edu)**

#### **CLUB PURPOSE**

The purpose of the Fishing Club is to encourage sportsmanship, integrity, conservation, and development of the skills and knowledge needed to be successful anglers. Provide a positive and safe place for beginners, intermediate, and advanced anglers to share fishing experiences and learn more about the fishing opportunities available in the metropolitan area (DMV).

#### **BENEFITS OF A FISHING CLUB**

1. It gets students into the great outdoors and exploring nature.
2. It introduces students to fishing while showing them potential career and educational opportunities through fishing.
3. Fishing clubs also add purpose to a student's education by giving them real life examples of how math, science, biology, technology and language arts are used by anglers every day out on the water.
4. It increases environmental awareness and understanding of aquatic ecosystems with the complex balance of abiotic and biotic factors
5. It reduces stress while forming lasting relationships with like-minded peers in school. Don't forget it is SUPER FUN!
6. Almost anyone can participate... no matter their size, skills, knowledge, grade level, or gender.

### **-Improv (Tuesday Block 1)**

**Sponsor: Dr. Mistizis [ydmisitzis@fcps.edu](mailto:ydmisitzis@fcps.edu)**

Are you interested in being spontaneous and silly? Are you ready to step into someone else's shoes, finding yourself in ridiculous situations and outrageous places? Improvisational theater develops creativity, mental flexibility, and thinking skills while working on confidence and public speaking skills. Come check out the Longfellow Improv Club and bring a friend! No experience necessary.

### **-Environmental Club ( Thursday Block 1)**

**Sponsor: Dr. Mistizis [ydmisitzis@fcps.edu](mailto:ydmisitzis@fcps.edu)**

Come participate in hands-on learning about how to improve Longfellow's environmental footprint. Help us educate our community about how we can be more environmentally friendly, \*\*\*whether\*\*\* indoors (such as recycling and waste reduction), outdoors (such as gardening and composting), or in the surrounding neighborhood (such as water runoff and invasive weed management). Help set the agenda on how you can be part of the solution!

### **-Puzzle Club ( Thursday Block 1)**

**Sponsor: Ms. Pelletier [jrpelletier@fcps.edu](mailto:jrpelletier@fcps.edu)**

Join the puzzle club!

Come do puzzles after school with Ms. Pelletier and peers to build relationships and teamwork. Did you know that doing puzzles can improve your short-term memory and problem solving skills? There are many other benefits of puzzling; doing puzzles exercises your brain and can increase creativity and productivity. It also can relive stress and improve your mood. We'll work on puzzles from 500 piece to 1500.

### **-LMS Writing Center ( Thursday Block 1) (Requirements)**

**Sponsor: Mr. Wilson [bawilson2@fcps.edu](mailto:bawilson2@fcps.edu)**

**<https://youtu.be/o4HnykgSyjw>**

The LMS Writing Center will NOT start until October. 8<sup>th</sup> Graders can submit applications and interview to be consultants. 10-15 students will be selected and receive training to help others with their writing. Students who need help with writing can attend the writing center.

### **-FCA Fellowship of Christian Athletes ( Tuesday Block 1)**

**Sponsor: Mr. Wilson [bawilson2@fcps.edu](mailto:bawilson2@fcps.edu)**

The Fellowship of Christian Athletes will meet during the first block on Tuesdays. Students enjoy food, fun, and fellowship.

### **-GSA Gender & Sexuality Alliance ( Every Other Wednesday Block 1)**

**Sponsor: Mrs. Gortenburg [spgortenburg@fcps.edu](mailto:spgortenburg@fcps.edu)**

Everyone welcome!

### **-Our Minds Matter ( Thursday 1<sup>st</sup> Block)**

**Sponsors: LMS Counselors Contact : Mrs. Marshall [LJMarshall@fcps.edu](mailto:LJMarshall@fcps.edu)**

Our Minds Matter is a student-led club that promotes school-wide social connectedness, to encourage help-seeking behavior and to develop coping skills through youth-led activities. Our Minds Matter works to instill holistic growth in students, so they are stronger not only mentally but also as leaders and changemakers in their community.

### **-Appian Board Game Club (Tuesday Blocks 1 & 2)**

The Appian Youth Board Game Club is a free after-school program for students in grades 6 or higher. The program supports board game clubs at schools and our partner organizations near Appian's headquarters in Tysons Corner, VA. By playing tabletop strategy games, students develop critical-thinking skills while engaged in a fun and challenging activity. Students also have the opportunity to practice important social skills like cooperation, negotiation, and communication. Helping young people to develop these skills will give them the tools they need to achieve success both in the classroom and throughout their lives.

### **-Yearbook Club (Thursday Block 2)**

**Sponsor: Mr. Martinez [hmartinez@fcps.edu](mailto:hmartinez@fcps.edu)**

You are historians, journalists, and artists putting together a photojournalistic book that will be on shelves for many, many years to come. What you do in this room directly affects every person in the Longfellow Middle School community but that's not all. It also affects members of the whole LMS community, future students to LMS and their families, and your own future 38-, 58- and 78-year-old selves. It is an honor and a big responsibility to be a part of the yearbook staff! Thank you for making the commitment!

### **-Math Lab (Tutoring) (Monday, Tuesday, Wednesday, Thursday Block 1)**

**Sponsors: Mrs. Coffey [mcoffey@fcps.edu](mailto:mcoffey@fcps.edu) Mrs. Leme [JLLeme@fcps.edu](mailto:JLLeme@fcps.edu)**

This club is ideal for those seeking to work on math assignments and need extra support.

### **-Model UN (More Information to Follow)**

**<https://youtu.be/EazC58ifGRE>**

Is an activity in which students represent delegates of their respective countries to the United Nations and simulate UN committees.

**-Heritage Night Club (Wednesday Block 1)**  
**Sponsor: Mrs. Hashem [rhashem@fcps.edu](mailto:rhashem@fcps.edu)**

<https://youtu.be/ZcE3wXRRusM>

Help plan and organize Heritage night which will happen on March 29, 2023. This event will help celebrate All HERITAGE.